

Quantitative evaluation of positive ϕ angle propensity in flexible regions of proteins from three-bond J couplings

Jung Ho Lee, Jinfu Ying and Ad Bax*

Laboratory of Chemical Physics, National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health, Bethesda, MD 20892, USA

* To whom correspondence should be addressed

Electronic Supplementary Information

Table S1. ${}^3J_{\text{CH}\alpha}$, ${}^3J_{\text{HNH}\alpha}$, ${}^3J_{\text{C}'\text{C}'}$, ${}^3J_{\text{HNC}'}$, and ${}^2J_{\text{CH}\alpha}$ coupling values in N-terminally acetylated α -synuclein.

| | ${}^3J_{\text{CH}\alpha}/\text{Hz}^a$ | ${}^3J_{\text{HNH}\alpha}/\text{Hz}^b$ | ${}^3J_{\text{C}'\text{C}'}/\text{Hz}^c$ | ${}^3J_{\text{HNC}'}/\text{Hz}^a$ | ${}^2J_{\text{CH}\alpha}/\text{Hz}^a$ |
|-----|---------------------------------------|--|--|-----------------------------------|---------------------------------------|
| M1 | 2.36 | | 0.72 | 0.99 | -4.66 |
| D2 | 2.30 | | 0.74 | 0.98 | -4.54 |
| V3 | 2.12 | 7.25 | 0.76 | 0.91 | -4.89 |
| F4 | 2.13 | 7.13 | 0.78 | 0.96 | -4.59 |
| M5 | 2.58 | 7.13 | 0.81 | 0.98 | -4.80 |
| K6 | 2.16 | 6.11 | 0.74 | 1.02 | -4.63 |
| G7 | 3.92 | | 0.66 | 0.68 | -5.00 |
| L8 | 2.07 | 7.01 | 0.73 | 0.66 | -4.50 |
| S9 | 2.07 | 6.53 | 0.83 | 0.88 | -4.37 |
| K10 | 2.31 | | 0.89 | 1.11 | -4.55 |
| A11 | 1.76 | 5.30 | 0.67 | 1.21 | -3.79 |
| K12 | 2.18 | 6.64 | 0.81 | 0.90 | -4.25 |
| E13 | 2.12 | 6.18 | 0.74 | 0.92 | -4.21 |
| G14 | | | 0.72 | | |
| V15 | 2.26 | 7.37 | 0.83 | 0.72 | -4.04 |
| V16 | 2.18 | 7.63 | 0.92 | 0.72 | -3.99 |
| A17 | 1.88 | 5.45 | 0.71 | 1.32 | -3.85 |
| A18 | 1.88 | 5.22 | 0.76 | 1.24 | -4.01 |
| A19 | 1.85 | 5.28 | 0.73 | 1.19 | -4.17 |
| E20 | 1.92 | 6.13 | 0.67 | 0.82 | -4.16 |
| K21 | 2.16 | 6.53 | 0.80 | 0.84 | -4.52 |
| T22 | 2.22 | 6.99 | 0.83 | 0.82 | -4.72 |
| K23 | 2.22 | 6.65 | 0.84 | 0.89 | -4.39 |
| Q24 | 2.08 | 6.69 | 0.86 | 0.75 | -4.23 |
| G25 | | | 0.72 | | |
| V26 | 2.24 | 7.12 | 0.88 | 0.98 | -4.29 |
| A27 | 1.89 | 5.58 | 0.73 | 1.06 | -4.16 |
| E28 | 1.92 | 6.08 | 0.70 | 1.04 | -4.22 |
| A29 | 2.01 | | 0.73 | 1.17 | -4.23 |
| A30 | 2.02 | | 0.71 | 1.26 | -4.27 |
| G31 | 3.69 | | 0.75 | 0.54 | -4.96 |
| K32 | 2.26 | 7.01 | 0.86 | 0.64 | -4.47 |
| T33 | 2.33 | 7.22 | 0.93 | 0.70 | -4.49 |
| K34 | 2.31 | | 0.91 | 0.95 | -4.36 |
| E35 | | 6.30 | | 0.80 | -4.23 |
| G36 | | | 0.72 | | |
| V37 | 2.32 | 7.50 | 0.86 | 0.59 | -4.15 |

| | | | | | |
|-----|------|------|-------------------|------|-------|
| L38 | 2.25 | 7.04 | 0.73 ^d | 0.58 | -4.20 |
| Y39 | 2.40 | 7.47 | 0.98 | 0.80 | -3.89 |
| V40 | 2.62 | 8.01 | 1.16 | 0.83 | -4.53 |
| G41 | 3.84 | | 0.82 | 1.01 | -4.66 |
| S42 | 2.34 | 6.49 | 0.87 | 0.93 | -4.19 |
| K43 | 2.34 | 7.00 | 0.85 | 0.82 | -4.55 |
| T44 | 2.40 | 7.26 | 0.87 | 0.78 | -4.54 |
| K45 | 2.33 | 6.65 | 0.86 | 0.91 | -4.44 |
| E46 | | 6.37 | 0.73 | 0.93 | -4.24 |
| G47 | | | 0.74 | | |
| V48 | 2.27 | 7.58 | 0.87 | 0.68 | -3.99 |
| V49 | 2.50 | | 0.98 | 0.50 | -3.98 |
| H50 | 2.77 | 7.59 | 1.09 | 1.00 | -4.41 |
| G51 | | | 0.84 | | |
| V52 | 2.41 | | 0.99 | 0.82 | -4.11 |
| A53 | 2.07 | 5.79 | 0.75 | 1.12 | -3.77 |
| T54 | 2.33 | 7.56 | 0.93 | 0.70 | -4.49 |
| V55 | 2.40 | | 0.99 | 0.92 | -4.17 |
| A56 | 2.04 | 5.61 | 0.74 | 1.03 | -3.84 |
| E57 | 1.89 | 6.15 | 0.72 | 1.00 | -3.96 |
| K58 | 2.15 | 6.57 | 0.79 | 0.95 | -4.23 |
| T59 | 2.32 | 7.01 | 0.81 | 0.88 | -4.39 |
| K60 | 2.15 | | 0.83 | 1.03 | -4.44 |
| E61 | 2.04 | 6.17 | 0.72 | 0.80 | -3.98 |
| Q62 | 2.21 | 7.01 | 0.83 | 0.83 | -4.14 |
| V63 | 2.29 | 7.70 | 0.93 | 0.82 | -4.11 |
| T64 | 2.58 | 7.87 | 1.01 | 0.97 | -4.74 |
| N65 | 3.02 | 7.51 | 0.93 | 0.88 | -4.62 |
| V66 | 2.43 | 7.34 | 0.91 | 0.95 | -4.53 |
| G67 | | | 0.76 | 0.78 | |
| G68 | 4.03 | | 0.78 | 0.74 | -4.84 |
| A69 | 1.98 | 5.83 | 0.74 | 1.11 | -3.78 |
| V70 | 2.31 | 7.53 | 0.87 | 0.68 | -3.72 |
| V71 | 2.43 | 8.15 | 1.12 | 0.61 | -3.95 |
| T72 | 2.50 | 7.70 | 1.02 | 1.00 | -4.80 |
| G73 | 3.90 | | 0.78 | 0.94 | -4.85 |
| V74 | 2.34 | | 0.90 | 0.75 | -4.17 |
| T75 | 2.38 | 7.62 | 0.95 | 0.80 | -4.56 |
| A76 | 2.05 | 5.87 | 0.81 | 1.12 | -3.88 |
| V77 | 2.23 | 7.45 | 0.93 | 0.80 | -4.01 |
| A78 | 2.01 | 5.62 | 0.71 | 1.30 | -3.75 |

| | | | | | |
|------|------|------|-------------------|------|-------|
| Q79 | 2.09 | 6.79 | 0.82 | 0.93 | -4.02 |
| K80 | 2.21 | 6.71 | 0.86 | 0.99 | -4.10 |
| T81 | 2.33 | 7.52 | 0.93 | 0.66 | -4.17 |
| V82 | 2.36 | 7.65 | 0.98 | 0.83 | -4.18 |
| E83 | 2.06 | 6.19 | 0.78 | 0.97 | -3.96 |
| G84 | 3.78 | | 0.79 | 0.65 | -4.93 |
| A85 | 2.12 | 5.64 | 0.71 | 1.40 | -4.43 |
| G86 | 3.89 | | 0.72 | 0.65 | -4.99 |
| S87 | 2.24 | 6.82 | 0.90 | 0.94 | -4.61 |
| I88 | 2.32 | 7.46 | 0.89 | 0.80 | -4.39 |
| A89 | 1.89 | 5.57 | 0.73 | 1.30 | -3.97 |
| A90 | 1.85 | 5.62 | | 0.98 | -4.05 |
| A91 | 1.99 | 5.77 | 0.71 | 1.04 | -4.11 |
| T92 | 2.39 | 7.50 | 0.99 | 0.79 | -5.09 |
| G93 | 3.98 | | 0.76 | 0.40 | -4.81 |
| F94 | 2.21 | 6.92 | 0.94 | 0.89 | -4.02 |
| V95 | 2.51 | 8.04 | 1.22 | 0.74 | -3.85 |
| K96 | 2.03 | 6.51 | 0.71 | 0.97 | -3.68 |
| K97 | | | 0.92 | | |
| D98 | 2.45 | 6.72 | 0.72 ^d | 0.82 | -4.53 |
| Q99 | 2.42 | 7.23 | 0.89 | 0.88 | -4.78 |
| L100 | 2.26 | 6.80 | 0.71 | 0.86 | -4.66 |
| G101 | 3.99 | | 0.72 | 0.69 | -4.60 |
| K102 | 2.24 | 6.83 | 0.91 | 1.10 | -4.39 |
| N103 | 3.01 | 7.20 | 0.84 | 0.91 | -4.84 |
| E104 | 2.30 | 6.79 | 0.82 | 0.89 | -4.59 |
| E105 | 2.12 | 6.39 | 0.74 | 0.90 | -4.33 |
| G106 | 3.82 | | 0.79 | 0.65 | -5.03 |
| A107 | 1.89 | 5.92 | | 1.12 | -3.09 |
| Q109 | 2.35 | 6.94 | 0.89 | 0.77 | -4.29 |
| E110 | 2.21 | 6.52 | 0.82 | 0.98 | -4.20 |
| G111 | 3.64 | | 0.75 | 0.73 | -4.47 |
| I112 | 2.39 | 7.75 | 0.89 | 0.69 | -4.10 |
| L113 | 2.35 | 7.16 | 0.79 | 0.87 | -4.15 |
| E114 | 2.31 | 6.72 | 0.84 | 1.00 | -4.34 |
| D115 | 2.82 | 6.85 | 0.83 | 0.84 | -4.23 |
| M116 | 2.45 | 7.17 | | 0.72 | -3.47 |
| V118 | 2.39 | 7.68 | 0.91 | 0.63 | -4.05 |
| D119 | | 6.79 | | 0.97 | |
| D121 | 2.49 | 7.14 | | 0.42 | -4.91 |
| N122 | 2.69 | 7.29 | | 0.72 | -5.00 |

| | | | | | |
|------|------|------|------|------|-------|
| E123 | 2.24 | 6.55 | 0.71 | 0.95 | -4.59 |
| A124 | 2.18 | 6.23 | 0.81 | 0.89 | -4.20 |
| Y125 | 2.28 | 7.09 | 1.05 | 0.96 | -4.26 |
| E126 | 2.45 | 7.29 | 1.05 | 0.75 | -3.97 |
| M127 | 2.02 | 6.62 | | 1.17 | -3.34 |
| S129 | 2.15 | 6.65 | 0.93 | 0.91 | -4.16 |
| E130 | 2.32 | 6.86 | 0.88 | 0.88 | -4.53 |
| E131 | 2.09 | 6.41 | | 0.98 | -4.29 |
| G132 | 3.94 | | 0.79 | 0.82 | -4.73 |
| Y133 | 2.29 | 6.77 | 0.96 | 1.00 | -4.17 |
| Q134 | 2.50 | 7.55 | 1.16 | 1.04 | -4.53 |
| D135 | 2.61 | 6.97 | | 1.03 | -4.62 |
| Y136 | 2.23 | 7.17 | 1.11 | 1.04 | -4.06 |
| E137 | 2.47 | 7.63 | | 0.94 | -3.58 |
| E139 | 2.19 | 6.71 | 0.74 | 0.84 | -4.02 |
| A140 | 2.07 | 6.65 | | 1.43 | -5.06 |

^a $J_{C^H\alpha}$, ² $J_{C^H\alpha}$, and ² J_{HNC} couplings are measured for a ¹³C/¹⁵N-enriched α -synuclein sample in 20 mM sodium phosphate, 50 mM NaCl, and 5% D₂O at pH 6, 288 K, and 600 MHz ¹H frequency.

^b $J_{HNH\alpha}$ couplings are from ¹.

^c $J_{C'C'}$ couplings are measured under the same condition as above, except for 20 mM NaCl and a ¹H frequency of 900 MHz. Correlation between the ³ $J_{C'C'}$ couplings in this table and Lee et al. ² is shown in ESI Fig. S1.

^d $J_{C'C'}$ coupling from Lee et al. ².

Table S2. ${}^3J_{\text{CH}\alpha}$ and ${}^2J_{\text{CH}\alpha}$ coupling values in GB3. ^a

| | ${}^3J_{\text{CH}\alpha}/\text{Hz}$ | ${}^2J_{\text{CH}\alpha}/\text{Hz}$ |
|-----|-------------------------------------|-------------------------------------|
| M1 | | -3.45 |
| Q2 | 2.61 | -3.53 |
| Y3 | 2.81 | -4.35 |
| K4 | 3.06 | -4.31 |
| L5 | 3.23 | -3.15 |
| V6 | 2.83 | -3.58 |
| I7 | 3.11 | -3.46 |
| N8 | 3.49 | -4.46 |
| K10 | 1.56 | -5.41 |
| T11 | 3.1 | -6.73 |
| L12 | 2.39 | -3.48 |
| K13 | 2.84 | -3.98 |
| E15 | 2.57 | |
| T16 | | -5.96 |
| T17 | 3.14 | -5.32 |
| T18 | 2.67 | -4.92 |
| K19 | 2.83 | -4.07 |
| A20 | 2.53 | -4.85 |
| V21 | 2.33 | -5.53 |
| D22 | 2.18 | -5.61 |
| A23 | 1.73 | -4.97 |
| E24 | 1.32 | -4.78 |
| T25 | | -5.78 |
| A26 | 0.94 | -5.42 |
| K28 | 1.14 | -5.16 |
| A29 | 1.05 | |
| F30 | | -6.52 |
| K31 | 1.2 | -5.71 |
| Q32 | 1.2 | -5.01 |
| Y33 | 0.96 | -4.55 |
| A34 | 1.06 | -5.18 |
| N35 | 1.15 | -5.27 |
| D36 | 1.35 | -5.63 |
| N37 | 2.68 | -6.45 |
| V39 | 2.63 | -3.66 |
| D40 | 2.33 | -4.17 |
| V42 | 2.38 | -3.09 |
| W43 | 2.86 | -3.5 |

| | | |
|-----|------|-------|
| T44 | 3.21 | |
| Y45 | | -4.39 |
| D46 | 3.2 | -3.67 |
| D47 | 1.68 | |
| A48 | 1.44 | -5.61 |
| T49 | 2.81 | -6.3 |
| K50 | 6.7 | -6.46 |
| T51 | 3.01 | |
| F52 | | -4.18 |
| T53 | 3.01 | |
| V54 | | -4.46 |
| T55 | 3.19 | -4.33 |
| E56 | 2.34 | |

a $^3J_{C^H\alpha}$ and $^2J_{C^H\alpha}$ couplings are measured for a uniformly $^{13}C/^{15}N$ -enriched 1.2 mM GB3 sample in 50 mM sodium phosphate, 50 mM NaCl, and 5% D_2O at pH 6.5, 288 K, and 600 MHz 1H frequency.

Table S3. ${}^3J_{\text{CH}\alpha}$ and ${}^2J_{\text{CH}\alpha}$ coupling values in ubiquitin. ^a

| | ${}^3J_{\text{CH}\alpha}/\text{Hz}$ | ${}^2J_{\text{CH}\alpha}/\text{Hz}$ |
|-----|-------------------------------------|-------------------------------------|
| M1 | | -4.14 |
| Q2 | 2.76 | -4.02 |
| I3 | 3.19 | -5.65 |
| F4 | 3.16 | |
| V5 | | -4.05 |
| K6 | 2.71 | -3.69 |
| T7 | 2.5 | |
| L8 | 1.68 | -5.4 |
| T9 | 2.26 | |
| K11 | 1.69 | -3.21 |
| T12 | 3.14 | -4.63 |
| I13 | 3 | -4.08 |
| T14 | 2.97 | -4.18 |
| L15 | 3.14 | -4.62 |
| E16 | 2.63 | -3.58 |
| V17 | 2.76 | |
| E18 | 3.07 | |
| P19 | | -4.82 |
| S20 | 2.06 | -5.35 |
| D21 | 1.11 | -3.39 |
| T22 | 1.91 | -4.64 |
| I23 | 1.43 | |
| E24 | | -5.22 |
| N25 | 1.23 | |
| V26 | | -5.49 |
| K27 | 1.1 | -5.57 |
| A28 | 1.14 | |
| K29 | 1.65 | -5.48 |
| I30 | 1.14 | -5.64 |
| Q31 | 0.91 | -4.86 |
| D32 | 1.2 | |
| K33 | | -5.82 |
| E34 | 2.9 | |
| I36 | 2.23 | |
| P38 | | -4.74 |
| D39 | 1.67 | |
| Q40 | 2.69 | -6.01 |
| Q41 | 1.98 | -3.58 |

| | | |
|-----|------|-------|
| R42 | 2.92 | |
| L43 | | -4.55 |
| I44 | 3.01 | -4.11 |
| F45 | 2.87 | -4.05 |
| A46 | 6.89 | |
| K48 | 2.54 | -3.87 |
| Q49 | 1.83 | -3.21 |
| L50 | 2.53 | -3.45 |
| E51 | 2.57 | |
| D52 | 1.2 | |
| R54 | 2.13 | -4.35 |
| T55 | 3.08 | |
| L56 | 1.04 | |
| S57 | 1.35 | |
| D58 | 1.7 | -5.88 |
| Y59 | 2.56 | -5.63 |
| N60 | 6.85 | -5.9 |
| I61 | 2.13 | -3.01 |
| Q62 | 2.87 | |
| K63 | 1.1 | -2.98 |
| E64 | 6.99 | -7.05 |
| S65 | 1.31 | -3.62 |
| T66 | 3.29 | -4.48 |
| L67 | 2.91 | |
| H68 | 3.45 | -4.28 |
| L69 | 2.64 | -3.62 |
| V70 | 3.04 | -4.39 |
| L71 | 2.36 | -4.19 |
| R72 | 2.1 | -3.73 |
| L73 | 2.29 | -4.06 |
| R74 | 2.12 | -4.07 |

a $^3J_{C^H\alpha}$ and $^2J_{C^H\alpha}$ couplings are measured for a uniformly $^{13}C/^{15}N$ -enriched 2.8 mM ubiquitin sample in 20 mM imidazole and 7% D2O at pH 6.0, 288 K, and 600 MHz 1H frequency.

Table S4. Parameters calculated from the newly generated coil database³ for $\phi > 0$ conformations.

| | $N(\phi < 0)^a$ | $N(\phi > 0)^b$ | $\langle {}^3J_{CH\alpha}(\phi > 0) \rangle^c$ | $\langle {}^3J_{HNH\alpha}(\phi > 0) \rangle$ | $\langle {}^3J_{CC'}(\phi > 0) \rangle$ |
|-----|-----------------|-----------------|--|---|---|
| ARG | 8764 | 354 | 6.53 | 6.92 | 0.62 |
| LYS | 10657 | 347 | 6.53 | 6.90 | 0.64 |
| ASP | 11034 | 743 | 6.79 | 7.20 | 0.56 |
| GLU | 11836 | 352 | 6.37 | 6.74 | 0.74 |
| SER | 13273 | 386 | 6.17 | 6.51 | 0.77 |
| THR | 12905 | 110 | 5.93 | 6.10 | 0.81 |
| ASN | 7492 | 1168 | 6.90 | 7.35 | 0.55 |
| GLN | 6320 | 219 | 6.48 | 6.88 | 0.68 |
| ALA | 11346 | 314 | 6.23 | 6.61 | 0.77 |
| VAL | 9802 | 72 | 5.89 | 6.14 | 0.88 |
| ILE | 6939 | 36 | 6.15 | 6.44 | 0.83 |
| LEU | 10625 | 274 | 6.53 | 6.90 | 0.63 |
| MET | 2208 | 75 | 6.78 | 7.15 | 0.53 |
| PHE | 5873 | 273 | 6.86 | 7.30 | 0.54 |
| TYR | 5442 | 177 | 6.69 | 7.12 | 0.60 |
| TRP | 1984 | 54 | 6.55 | 7.06 | 0.66 |
| HIS | 4573 | 258 | 6.58 | 7.03 | 0.65 |
| CYS | 1944 | 89 | 6.84 | 7.29 | 0.53 |
| GLY | 6667 | 10199 | 5.19 | 5.05 | 0.87 |
| PRO | 25206 | 5 | 5.39 | 5.03 | 0.99 |

^a Total number of $\phi < 0$ residues for each amino acid type in the coil database.

^b Total number of $\phi > 0$ residues for each amino acid type in the coil database.

^c The rigid limit Karplus equation, ${}^3J_{CH\alpha} = 4.17 \times \cos^2(\phi - 60^\circ) + 2.00 \times \cos(\phi - 60^\circ) + 1.02$, was used to calculate ${}^3J_{CH\alpha}$ couplings for all $\phi > 0$ residues for each amino acid type and averaged afterwards. The procedure was used to calculate the next two columns using rigid limit Karplus equations.²

Table S5. Positive ϕ population (P^+) calculated by the MERA webserver,³ by the interpolation method using ${}^3J_{\text{HNH}\alpha}$ and ${}^3J_{\text{CH}\alpha}$, and by the iterative method using ${}^3J_{\text{HNH}\alpha}$, ${}^3J_{\text{CC}}$, and ${}^3J_{\text{CH}\alpha}$.^a

| | P^+ (MERA) / % | P^+ (interpolation method) / % | P^+ (iterative method) / % |
|-----|------------------|----------------------------------|------------------------------|
| D2 | 4 | | |
| V3 | 0 | -5 | -4 |
| F4 | 4 | -3 | -3 |
| M5 | 4 | 7 | 7 |
| K6 | 2 | 3 | 3 |
| L8 | 3 | -4 | -3 |
| S9 | 2 | -1 | -1 |
| K10 | 4 | | |
| A11 | 2 | -2 | -2 |
| K12 | 2 | 1 | 1 |
| E13 | 2 | 2 | 2 |
| V15 | 0 | -2 | -1 |
| V16 | 0 | -6 | -5 |
| A17 | 2 | 0 | 0 |
| A18 | 2 | 1 | 0 |
| A19 | 2 | 0 | -1 |
| E20 | 1 | -2 | -2 |
| K21 | 2 | 1 | 1 |
| T22 | 0 | 0 | 0 |
| K23 | 3 | 2 | 1 |
| Q24 | 5 | -2 | -2 |
| V26 | 0 | -1 | -1 |
| A27 | 2 | 0 | -1 |
| E28 | 2 | -2 | -2 |
| A29 | 3 | | |
| A30 | 3 | | |
| K32 | 3 | 1 | 1 |
| T33 | 0 | 1 | 1 |
| K34 | 4 | | |
| E35 | 1 | | |
| V37 | 0 | -1 | -1 |
| L38 | 2 | 0 | 1 |
| Y39 | 5 | 1 | 1 |
| V40 | 0 | 4 | 3 |
| S42 | 4 | 6 | 5 |
| K43 | 4 | 3 | 3 |

| | | | |
|-----|----|----|----|
| T44 | 0 | 3 | 3 |
| K45 | 3 | 4 | 4 |
| E46 | 1 | | |
| V48 | 0 | -3 | -3 |
| V49 | 0 | | |
| H50 | 8 | 9 | 9 |
| V52 | 0 | | |
| A53 | 2 | 3 | 2 |
| T54 | 0 | -1 | -1 |
| V55 | 0 | | |
| A56 | 2 | 3 | 3 |
| E57 | 1 | -3 | -3 |
| K58 | 2 | 1 | 1 |
| T59 | 0 | 2 | 2 |
| K60 | 2 | | |
| E61 | 2 | 0 | 0 |
| Q62 | 2 | -1 | 0 |
| V63 | 0 | -3 | -3 |
| T64 | 0 | 4 | 3 |
| N65 | 13 | 15 | 14 |
| V66 | 0 | 3 | 3 |
| A69 | 2 | 1 | 0 |
| V70 | 0 | -2 | -1 |
| V71 | 0 | -3 | -3 |
| T72 | 0 | 3 | 2 |
| V74 | 0 | | |
| T75 | 0 | 0 | 0 |
| A76 | 3 | 2 | 1 |
| V77 | 0 | -3 | -3 |
| A78 | 3 | 2 | 2 |
| Q79 | 2 | -2 | -2 |
| K80 | 1 | 1 | 1 |
| T81 | 0 | -1 | -1 |
| V82 | 0 | -1 | -1 |
| E83 | 2 | 1 | 0 |
| A85 | 3 | 5 | 5 |
| S87 | 3 | 1 | 1 |
| I88 | 0 | -1 | -1 |
| A89 | 2 | 0 | -1 |
| A90 | 2 | -1 | |
| A91 | 2 | 1 | 1 |

| | | | |
|------|----|----|----|
| T92 | 0 | 1 | 1 |
| F94 | 3 | 0 | 0 |
| V95 | 0 | 0 | 0 |
| K96 | 4 | -2 | -1 |
| K97 | 5 | | |
| D98 | 8 | 6 | 7 |
| Q99 | 3 | 3 | 3 |
| L100 | 2 | 2 | 2 |
| K102 | 4 | 1 | 1 |
| N103 | 15 | 16 | 16 |
| E104 | 3 | 3 | 3 |
| E105 | 4 | 1 | 1 |
| A107 | 2 | -2 | |
| Q109 | 2 | 3 | 3 |
| E110 | 2 | 2 | 2 |
| I112 | 0 | -1 | -1 |
| L113 | 2 | 2 | 2 |
| E114 | 3 | 4 | 3 |
| D115 | 6 | 14 | 14 |
| M116 | 6 | 4 | |
| V118 | 0 | 0 | 0 |
| D119 | 7 | | |
| D121 | 5 | 5 | |
| N122 | 12 | 8 | |
| E123 | 3 | 3 | 3 |
| A124 | 3 | 3 | 3 |
| Y125 | 2 | 1 | 0 |
| E126 | 2 | 4 | 3 |
| M127 | 4 | -3 | |
| S129 | 2 | 0 | -1 |
| E130 | 2 | 3 | 3 |
| E131 | 2 | 0 | |
| Y133 | 3 | 3 | 2 |
| Q134 | 2 | 3 | 3 |
| D135 | 7 | 8 | |
| Y136 | 3 | -1 | -1 |
| E137 | 2 | 2 | |
| E139 | 4 | 1 | 1 |
| A140 | 1 | -2 | |

^a P^+ errors for both iterative and interpolation methods are dominated by the intrinsic uncertainty in the ${}^3J_{C^H\alpha}$ Karplus curve, estimated at 0.25 Hz based on the fits to ubiquitin and GB3 ϕ angles, yielding P^+ uncertainties of *ca* 5%. The true error is likely to be somewhat smaller, since factors other than ϕ backbone torsion angle would largely average to zero in IDPs and IDRs.

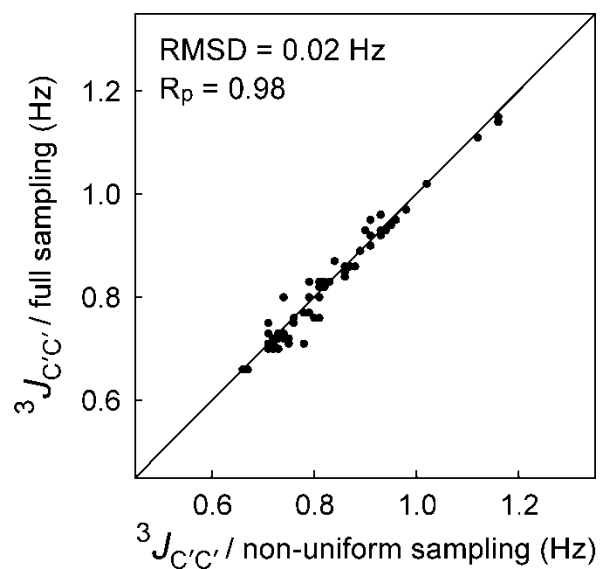


Fig. S1 Correlation between ${}^3J_{C'C'}$ coupling values derived from HN(COCO)NH with a full sampling scheme² and HN(COCO)NH with a 2.5% non-uniform sampling scheme.

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3. A. B. Mantsyzov, Y. Shen, J. H. Lee, G. Hummer and A. Bax, *J. Biomol. NMR*, 2015, **in press**.